

Don't be Blindsided by Glaucoma.



It is estimated 50% of people with glaucoma are undiagnosed.¹
Could you be one of them? Take this test to see if you are at risk.

Left untreated, glaucoma can lead to irreversible blindness.
Early detection can save sight.

	YES	NO	UNSURE
Do (or did) any of your blood relatives have glaucoma? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you aged 50 years or over? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have an African or Asian ethnic background? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have diabetes? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you experience migraines? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you very nearsighted or very far sighted? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had an eye operation or an eye injury? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a history of high or low blood pressure? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been on a prolonged course of cortisone (steroid) medication? ²	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered 'yes' or 'unsure' to one or more of these questions you may be at a higher risk of developing glaucoma.

Make an appointment with your optometrist and get tested.

1. Keel S, Xie J, Foreman J, Lee PY, Alwan M, Fahy ET, et al. Prevalence of glaucoma in the Australian National Eye Health Survey. Br J Ophthalmol. 2018;26 April 2018;10.1136/bjophthalmol-2017-311786.2. NHMRC Guidelines for the Screening, Prognosis, Diagnosis, Management and Prevention of Glaucoma 2010. Pp 12-14. <https://nhmrc.gov.au/about-us/publications/guidelines-screening-prognosis-diagnosis-management-and-prevention-glaucoma> (Accessed 23 NOV 2018)

